

CHURCH OF THE HIGHLANDS

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# Win Before You Begin

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1

**The biggest battle is the internal one — you change your life by changing your mind, not by changing your circumstances**

*Romans 12:2*

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*You don't change your life by changing your life. You change your life by changing your mind.*

at 6:33

2

**Don't let what you see shake what you know  
— faith doesn't deny reality but gives  
confidence in what God has already done**

*Deuteronomy 20:1*

“

*Faith doesn't deny what you see it gives you confidence in what you know.*

at 12:10

3

**God's word must be louder than worry — what you repeat in peace becomes your reflex under pressure, just as Jesus fought temptation with Scripture**

*Deuteronomy 20:2-3*

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*What you repeat in peace will become your reflex under pressure.*

at 19:14

4

**Order is the antidote to anxiety — when God is in His proper place, peace follows because God is a God of peace, not disorder**

*1 Corinthians 14:33*

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*No, Wyatt. The ride didn't change. You changed.*

at 39:58

5

**Fear is contagious and must be confronted —  
the battles don't get easier but we get stronger  
through faith**

*Deuteronomy 20:8*

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*You teach what you know but listen to me you reproduce who you are.*

at 35:54