

COLLEGE HEIGHTS BAPTIST CHURCH

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Study Guide

# A Good Servant of Christ

Unknown Speaker  
November 23, 2025

## Major Points

- 1 **Pointing out biblical truths to one another—even hard ones—is what makes us good servants of Christ, and doing so nourishes our own faith in return.**

*1 Timothy 4:6*

- 2 **The church must be personal to every believer—not a place of selfish consumption but a community where we invest selflessly for God's glory.**

*1 Timothy 3:15*

- 3 **Training in godliness requires three disciplines: daily time in God's Word, committed prayer, and faithful service—and it far surpasses the value of physical training.**

*1 Timothy 4:7-8*

- 4 **We labor and strive not out of obligation but because we have placed our hope in the living God who saved us—this makes our effort joyful and personal.**

*1 Timothy 4:10*

## Key Quotes

*“there's really only one way to prove you have faith in Jesus Christ. There's only one way, and that's to serve.*

at 1:22

*“a good servant of Jesus Christ wants the very, very best for the people that we know and love. And pointing things out that we need to be aware of and called back to Jesus is grace, even if they don't like it.*

at 19:16

*“if I'm not even capable or willing to share God's word, with other people, even if they don't want to hear it, then I'm not willing to hear God's word for me either.*

at 23:47

*“Focusing on God is more important than anything else you're gonna do on any given day and you should never be ashamed to stop all the nonsense and go I just need you.*

at 37:13

## Discussion Questions

1. The pastor talked about how sharing truth with others actually nourishes us in return. Have you experienced that — where encouraging someone else with God's Word ended up strengthening your own faith? What did that look like?

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2. The sermon laid out three ways to train yourself in godliness: time in the Word, prayer, and service. Which of these three do you find most difficult to be disciplined in, and what's one practical step you could take this week to grow in that area?

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3. The pastor made a strong statement that the church has become a selfish thing for many people rather than a selfless thing. How do you honestly evaluate your own approach to church — do you tend to come expecting to receive, or expecting to give and serve? What would it look like to shift that balance?

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4. Paul tells Timothy to 'have nothing to do with pointless and silly myths.' The pastor applied this to mindless media consumption in our day. How do you discern the line between healthy rest and recreation versus filling your mind with things that crowd out godliness?

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5. Verse 10 says we labor and strive because we've put our hope in the living God. The pastor pushed back hard against 'lazy Christianity.' What does it look like practically to labor and strive for godliness without falling into legalism or burnout — and how does hope in the living God fuel that effort?

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## Word Studies

γυμνάζω

**gymnazō**

*Greek*

To exercise or train rigorously, as an athlete disciplines for competition, emphasizing intentional, strenuous effort toward a goal.

εὐσέβεια

**eusebeia**

*Greek*

Devotion and reverence toward God expressed in right conduct; a life oriented around genuine worship and holy living.

## ἐντρεφόμενος entrophomenos

*Greek*

To be continually nourished or brought up in, suggesting ongoing feeding and growth from within, not merely external instruction.

## Cross References

### Psalm 1:1-3

Parallels the sermon's contrast between filling one's mind with pointless things versus meditating on God's Word; the blessed person avoids the counsel of the wicked and delights in the law of the Lord, bearing fruit — an Old Testament foundation for Paul's command to train in godliness rather than dwell on myths.

### Hebrews 5:14

Speaks of mature believers who have trained their senses to distinguish good from evil through constant practice — echoing the sermon's emphasis that spiritual training, like physical exercise, requires ongoing discipline and effort.

### Colossians 3:16

Calls believers to let the word of Christ dwell in them richly, teaching and admonishing one another — directly supporting the sermon's point that pointing out truth to fellow believers is both a communal responsibility and a means of personal spiritual nourishment.

### Deuteronomy 6:6-9

Commands God's people to keep His words on their hearts and teach them diligently in every context of daily life — providing an Old Testament mandate for the kind of 24/7 godliness and Word-centered living the pastor urged.

### Philippians 2:16

Paul urges believers to hold firmly to the word of life so that on the day of Christ he can boast that he did not labor in vain — connecting to the sermon's theme that laboring and striving in godliness has both present and eternal significance.

## Further Reading

- **Spiritual Disciplines for the Christian Life**  
*by Donald S. Whitney*
- **The Discipline of Grace: God's Role and Our Role in the Pursuit of Holiness**  
*by Jerry Bridges*
- **Guard the Deposit: 1 & 2 Timothy and Titus (Preaching the Word Commentary)**  
*by R. Kent Hughes and Bryan Chapell*

## Scripture References

REFERENCE	TYPE	TIME	CONTEXT
1 Timothy 4:6-10	Read Aloud	2:11	<i>If you put these things before the brothers, you w...</i>
James 2:17	Referenced	1:15	<i>Even so faith, if it hath not works, is dead, bein...</i>
1 Corinthians 12:1-31	Referenced	7:50	<i>Now concerning spiritual gifts. brethren. I would ...</i>
1 Timothy 3:15	Referenced	11:09	<i>But if I tarry long, that thou mayest know how tho...</i>
1 Timothy 1:3-4	Referenced	13:50	<i>As I besought thee to abide still at Ephesus, when...</i>
1 Timothy 2:1-2	Referenced	14:12	<i>I exhort therefore, that, first of all, supplicati...</i>
1 Timothy 2:8-10	Referenced	16:55	<i>I will therefore that men pray every where, liftin...</i>
1 Timothy 4:1-2	Referenced	17:36	<i>Now the Spirit speaketh expressly, that in the lat...</i>
Romans 8:26	Referenced	16:09	<i>Likewise the Spirit also helpeth our infirmities: ...</i>
James 1:6-7	Referenced	35:37	<i>But let him ask in faith, nothing wavering. For he...</i>
2 Timothy 4:8	Read Aloud	43:28	<i>Henceforth there is laid up for me the crown of ri...</i>
1 Thessalonians 5:17	Referenced	36:49	<i>Pray without ceasing.</i>
James 2:18	Referenced	6:48	<i>Yea, a man may say, Thou hast faith, and I have wo...</i>
James 2:26	Referenced	6:48	<i>For as the body without the spirit is dead, so fai...</i>
1 Corinthians 12:4-18	Referenced	7:50	<i>Now there are diversities of gifts, but the same S...</i>
Hebrews 4:12	Referenced	14:36	<i>For the word of God is quick, and powerful, and sh...</i>
1 Timothy 2:12	Referenced	17:15	<i>But I suffer not a woman to teach, nor to usurp au...</i>
1 Timothy 3:1-13	Referenced	17:25	
1 Timothy 4:7-8	Read Aloud	25:21	<i>Have nothing to do with irreverent, silly myths. R...</i>
1 Timothy 4:9	Referenced	44:49	
1 Timothy 4:10	Referenced	46:06	