

HIGHLANDS CHURCH

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# Joy in Trials

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1

**Acknowledge your pain — before choosing joy, honestly recognize that trials are real and painful, just as Jesus himself wept and grieved.**

*John 11:35*

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*But it does mean you don't allow god's sovereignty to somehow get lost inside of our pain inside of our suffering inside of the trial*

at 14:08

2

**Choose joy — not situational happiness but deep contentment rooted in God's sovereignty, promises, and faithfulness even when circumstances are not good.**

*James 1:2*

“

*God doesn't call us to distraction. God doesn't call us to deliverance. God calls us to endurance.*

at 25:10

3

**Endure trials rather than seeking distraction or quick deliverance — God calls us to steadfastness so trials can have their full sanctifying effect.**

*James 1:3-4*

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*we can experience joy even in the midst of trials, not because we understand, but because we serve a God who does.*

at 16:25

4

**Look to Jesus — the one who endured the cross walks with us through every storm and has overcome the world.**

*Hebrews 12:1-2*

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*if it's not good yet then he's not done yet he's still working*

at 31:51